



# LATEST NEWS

14TH JUNE 2024

## REMINDERS

### INSET

Monday 24th June - School Closed

### Class Assemblies

Wednesday 3rd July, 9:10am (Top Hall) - Year 4

Thursday 4th July, 9:10am (Top Hall) - Year 4

\*Places have been allocated by text



## LEARNING QUESTS



Please find below a list of all the class learning quests for this half term. Information about each of the quests can be found on the Bowes website in the [Classes](#) section.

<b>Little Acorns (Nurs)</b>	Animal Kingdom	<b>Snowdonia Class (Y3)</b>	The Explosive Vesuvius
<b>Mississippi Class (Rec)</b>	Once Upon a Time...	<b>Yellowstone Class (Y3)</b>	When in Rome
<b>Thames Class (Rec)</b>	Once Upon a Time...	<b>Angel Class (Y4)</b>	I ❤️ LDN!
<b>Amazon Class (Y1)</b>	History Detectives!	<b>Victoria Class (Y4)</b>	London Rocks!
<b>Olympic Class (Y1)</b>	Dive into the Past	<b>Kalahari Class (Y5)</b>	The Abolition of the Slave Trade
<b>Everest Class (Y2)</b>	Find Everest in Northern Europe	<b>Sahara Class (Y5)</b>	The Abolition of the Slave Trade
<b>Fuji Class (Y2)</b>	Northern Europe, Here We Come!	<b>Pacaya Class (Y6)</b>	The Tree of Liberty
<b>Mara Class (Y3)</b>	Pompeii Erupts!	<b>Vesuvius Class (Y6)</b>	Fluttering Freedom

## YEAR 5 TENNIS



Year 5 started their tennis lessons this week at Bounds Green Tennis Club. This is a fantastic experience for the children. We are very grateful to James Mott, the head coach, for offering us such a competitive rate. We also want to say a huge thank you to the Friends of Bowes, as the money raised from the Year 5 Cake sale has funded this wonderful sporting experience.



## SPORTS DAYS



Details of this year's Sports Days for Years 1 - 6 have been emailed to parents. Parents are invited to attend and can access the Laurel Park School sports field via the blue gate on Powys Lane (not the main entrance to the school on Wilmer Way).

Please arrive from 9:45am, the events will start promptly at 10am.

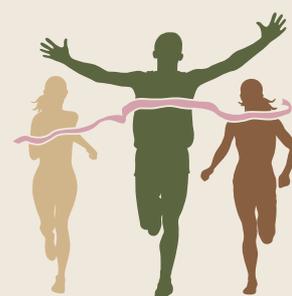
**Years 1, 2 and 3 - Friday 28th June, 10:00am - 11:30am**

**Years 4, 5 and 6 - Monday 1st July, 10:00am - 11:30am**

Our **Nursery and Reception Sports Days** will take place in the main playground at Bowes on **Monday 22nd July**.

**Reception 9:10am - 10:10am**

**Little Acorns Nursery 2:10pm - 3:10pm**



## SCHOOL STREET



Our School Street has been up and running now for several weeks and we hope that it is resulting in a much safer and more pleasant environment around the school site. Please remember that the role of the School Street is to restrict access for motor vehicles at school drop-off and pick-up times. Residents within the closure area, blue badge holders requiring access to the school and emergency vehicles are exempt from the road closures. Therefore, there will still be cars on the road, so please continue to exit the school playground safely and be vigilant when crossing the road. We would also advise families to walk/scoot on the pavements, rather than down the middle of the road. Thank you for your support.



# YEAR 6 HOODIES

Year 6 would like to say a massive thank you to the Friends of Bowes for their lovely leavers' hoodies. They are such a wonderful memento for the children to keep and the children are very much enjoying wearing them to school.



## STARTING SECONDARY SCHOOL

### Advice for Pupils and Parents

At the end of this term, we will be saying goodbye to our wonderful Year 6 pupils as they head off to start a new chapter in their education at secondary school.



Transition work will be taking place in school, but if parents/children would like further support, the **BBC Bitesize** website offers practical advice and emotional support to help take the stress out of taking the next step. We all want our pupils to move on feeling confident and excited about their futures and looking forward to new challenges and making new friends.



## ENFIELD MUSIC SERVICE



Parents are now able to book or renew music lessons delivered by the Enfield Music Service (EMS) for the Autumn Term. Please visit the **EMS Music Store** to book/renew. The deadline for booking music lessons is Sunday 30th June.



# KEEPING CHILDREN SAFE



Our mental health is important in so many ways. It helps us to regulate, problem solve, handle stressful situations, make good choices and maintain healthy relationships.

## Signs of poor mental health:

- Poor concentration
- Finding it hard to make decisions
- Being easily distracted
- Worrying more
- Low mood
- Feeling overwhelmed by things (tearfulness)
- Feeling less interested in day-to-day activities



## Top tips to support children:

- Regularly ask how they are doing. Identify and validate their feelings.
- Show an interest in things that are important to them. This shows you value them and it makes it easier to spot if something is wrong.
- Listen and value what they have to say without judging their feelings.
- Build positive routines and structure around healthy eating, exercise and sleeping.



*Safeguarding is everyone's responsibility*



## DIARY DATES 2024

<b>17th - 18th June</b>	Year 4 Camping Trip
<b>24th Jun 2024</b>	<b>INSET – SCHOOL CLOSED</b>
<b>28th Jun 2024</b>	Sports Day – Years 1, 2 & 3
<b>1st Jul 2024</b>	Sports Day – Years 4, 5 & 6
<b>3rd &amp; 4th Jul</b>	Year 4 Assemblies (allocated places)
<b>16th Jul 2024</b>	Year 6 Concert to Parents
<b>18th Jul 2024</b>	Year 6 Concert to Parents
<b>21st Jul 2024</b>	FOB Summer Fair
<b>22nd Jul 2024</b>	Reception Sports Day, 9:10am
<b>22nd Jul 2024</b>	Nursery Sports Day, 2:10pm
<b>23rd Jul 2024</b>	School Ends
<b>24th Jul 2024</b>	<b>INSET – SCHOOL CLOSED</b>
<b>2nd Sept 2024</b>	<b>INSET – SCHOOL CLOSED</b>
<b>3rd Sept 2024</b>	School Starts
<b>30th Sept 2024</b>	<b>INSET – SCHOOL CLOSED</b>
<b>28th Oct-1st Nov</b>	Half Term
<b>4th Nov 2024</b>	<b>INSET – SCHOOL CLOSED</b>
<b>20th Dec 2024</b>	School Ends

Friends of Bowes



Please continue reading for the latest news from our Friends of Bowes PTA.

# Friends of Bowes Newsletter

Friends of Bowes



(Reg. Charity No. 292487)

## Contact and support us...

You can follow us on social media to hear about our brilliant events that bring the Bowes community together and raise money to support the school.



@friendsofbowespta



[www.facebook.com/fobnewsouthgate](http://www.facebook.com/fobnewsouthgate)



[www.pta-events.co.uk/bowes](http://www.pta-events.co.uk/bowes)



You can also support us by signing up to a free Easy Fundraising account to shop online at over 7000 brands at: <https://www.easyfundraising.org.uk/causes/bowesprimary/>

KEY DATES:
FOOTBOWES - FRIDAY 21 JUNE
BOWESFEST SUMMER FAIR - SUNDAY JULY 21

You can support us directly through our Just Giving page which you can access here



And by purchasing your labels through <https://www.stikins.co.uk/> using the school fund raising code 2439

ARE YOU A COFFEE LOVER? THEN SIGN UP TO A SUBSCRIPTION WITH CURB COFFEE & THEY WILL DONATE 10% OF SALES. FOR MORE INFO

[Click here](#)



We are always looking for volunteers - please get in touch with us at: [friendsofbowes@gmail.com](mailto:friendsofbowes@gmail.com) if you would like to get involved.



OR CATCH ONE OF US IN THE PLAYGROUND!



### FRIENDS OF BOWES COMMITTEE

<b>PARMINDER ROGERS</b> CHAIR 	<b>GRAEME BARKER</b> TREASURER $x = \frac{-b \pm \sqrt{b^2 - 4ac}}{2a}$	
<b>EMILY PLOSKER</b> SECRETARY 	<b>MIKE POWNALL</b> EVENTS MANAGER 	<b>AMY CLARKE</b> DESIGN & PROMOTION 

Friends of Bowes

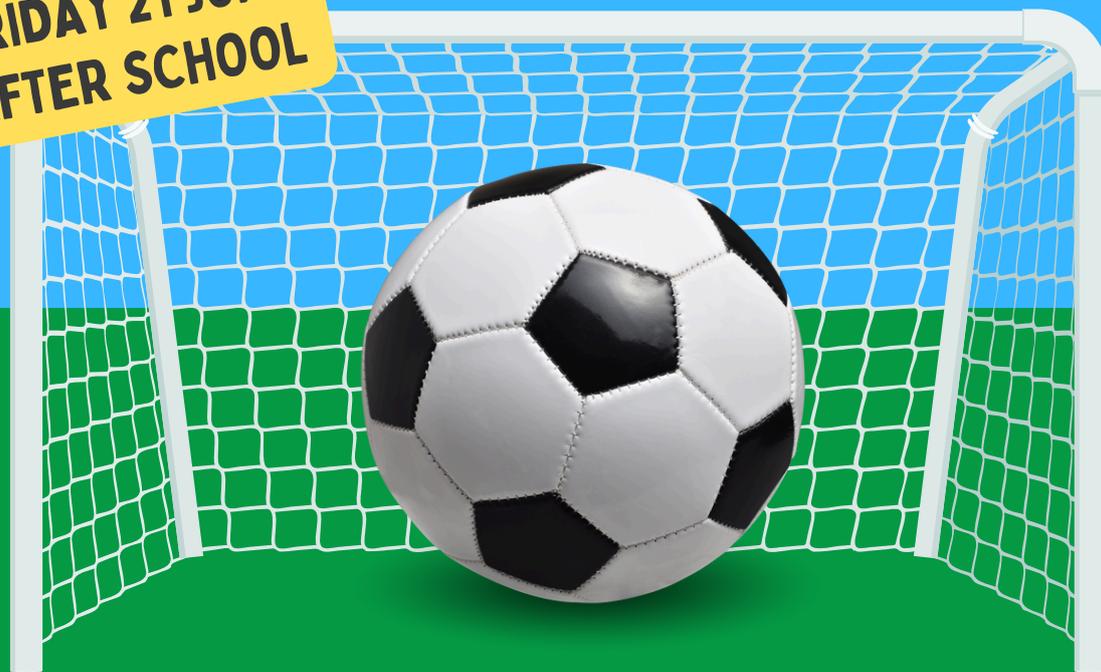


(Reg. Charity No. 292487)

# FOOTBOWES

## SPONSORED FOOTBALL CHALLENGE

**FRIDAY 21 JUNE  
AFTER SCHOOL**



**1. FILL OUT A  
SPONSORSHIP  
FORM**

**2. SCORE AS MANY  
POINTS AS YOU CAN  
IN 90 SECONDS**

**3. HAVE FUN AND  
RAISE MONEY FOR  
THE SCHOOL!**



Could you prepare a dish  
to sell at our international  
cafe at the summer fair?  
Could you help serve the  
food? Let your class rep  
know.



Friends of Bowes



# Playground Fundraiser

Raising funds to buy a climbing frame

[CLICK TO DONATE](#)

or scan!





Friends of Bowes



SUNDAY  
21 JULY

# BOWESFEST '24 HELP NEEDED!

## DONATIONS

Small toys, gifts, bottles, bric a brac! We will tell you when we are ready to collect.

## INTERNATIONAL FOOD CAFE

This is the first year we are planning to set up an international food cafe to celebrate the diversity of cultures and nationalities at our amazing school. Please let us know if you can donate a dish or help run the cafe.

## VOLUNTEERS

We are always //desperate for help before and on the day. It is a lovely group spirit and you can bring your children along too - they love to help! //

## DESIGN A POSTER COMPETITION!

Calling all children - could you design next year's BowesFest poster? It will need to be A4 size with your name, year group and class on the back. Hand in to your teacher or the school office. All entries will be on display before the fair takes place. Deadline is Friday 21st June - Good luck! //

## RAFFLE

We want to hold a raffle - if you work in the entertainment or hospitality industry and think you could help get hold of some good prizes then please do get in touch! //

THANK  
YOU