



## Bowes Learning Quest

### Long Term Subject Maps

PSHE	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Year 1</b>	<b>Being Me</b> What makes 'me' me?	<b>Celebrating Difference</b> What makes us special?	<b>Digital Me</b> How can I keep safe?	<b>Healthy Me</b> Who helps us?	<b>Changing Me</b> Why do my feelings change?	<b>The World and Me</b> What is my place in the world?
<b>Year 2</b>	<b>Being Me</b> How can I be a good friend?	<b>Celebrating Difference</b> What is the same and different about us?	<b>Digital Me</b> How can I keep safe in different places?	<b>Healthy Me</b> How can I stay healthy?	<b>Changing Me</b> Are boys and girls the same?	<b>The World and Me</b> What is my place in the world?
<b>Year 3</b>	<b>Being Me</b> How can I resolve problems?	<b>Celebrating Difference</b> What is diversity?	<b>Digital Me</b> What is an online relationship?	<b>Healthy Me</b> How do I keep my mind and body healthy?	<b>Changing Me</b> What is personal space?	<b>The World and Me</b> What is my place in the world?
<b>Year 4</b>	<b>Being Me</b> How do I manage conflict?	<b>Celebrating Difference</b> What are stereotypes?	<b>Digital Me</b> How do I communicate safely online?	<b>Healthy Me</b> Why do I need to keep my mind and body healthy?	<b>Changing Me</b> How does my body change?	<b>The World and Me</b> What is my place in the world?
<b>Year 5</b>	<b>Being Me</b> What makes a respectful relationship?	<b>Celebrating Difference</b> What does discrimination mean?	<b>Digital Me</b> What is a digital footprint?	<b>Healthy Me</b> What choices help my health?	<b>Changing Me</b> Why does my body change?	<b>The World and Me</b> What is my place in the world?
<b>Year 6</b>	<b>Being Me</b> What makes a happy and healthy relationship?	<b>Celebrating Difference</b> What are human rights?	<b>Digital Me</b> Can I trust everything that I see online?	<b>Healthy Me</b> How do I manage my health?	<b>Changing Me</b> Why am I changing?	<b>The World and Me</b> What is my place in the world?