



# LATEST NEWS

24<sup>TH</sup> APRIL 2026

## REMINDERS

### Class Assemblies

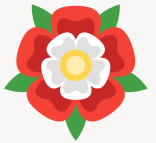
Thursday 7th May, 9:10am Kalahari Class - Year 1  
Friday 22<sup>nd</sup> May, 9:10am Thames Class - Reception

### INSET - SCHOOL CLOSED

Friday 1<sup>st</sup> May



## YEAR 2 TUDOR DAY



To launch their new History topic this term, Year 2 took part in a wonderful Tudor Day right here at school. The children had a fantastic time discovering what life was truly like in Tudor times. They stepped back in time to explore the lives of the rich and poor, comparing them to how we live today. A highlight of the day was learning a traditional Tudor dance and performing it in the Top Hall. The children looked amazing in their costumes and fully immersed themselves in every activity. Well done, Year 2!

The time travel continues on Monday, when Year 4 will be heading back to the 1800s for their very own Victorian Day!



# YEAR 4 CAMPING MEETING



Preparations for this year's Year 4 Camping trip are well underway. Our camping trips are a fantastic opportunity for the children to experience the outdoors, learn new skills and have fun with their friends. To ensure the children are prepared for the trip, we would like to invite Year 4 parents to a **Camping Meeting on Tuesday 5<sup>th</sup> May, 3:35pm** in the Top Hall. This is also the perfect opportunity to ask any questions you may have.



If you are unable to attend the meeting, the presentation will be available to view on the Bowes website shortly after.



## LEARNING QUESTS



Please find below a list of all the class learning quests for this half term. Information about each of the quests can be found on the School website in the [Classes](#) section.

<b>Little Acorns (Nurs)</b>	Let's go on an Adventure!	<b>Olympic Class (Y3)</b>	A Jurassic Adventure!
<b>Mississippi Class (Rec)</b>	Amazing Animals	<b>Everest Class (Y4)</b>	Victorian Historians
<b>Thames Class (Rec)</b>	Amazing Animals	<b>Fuji Class (Y4)</b>	Victorian Vibes
<b>Kalahari Class (Y1)</b>	3, 2, 1 Blast Off!	<b>Mara Class (Y5)</b>	Magnificent Maori
<b>Sahara Class (Y1)</b>	Super Space Cadets!	<b>Snowdonia Class (Y5)</b>	Beyond the Kiwi
<b>Pacaya Class (Y2)</b>	Tudor Time Travellers	<b>Yellowstone Class (Y5)</b>	Kia Ora Kiwi
<b>Vesuvius Class (Y2)</b>	Terrific Tudors	<b>Angel Class (Y6)</b>	Fluttering Freedom
<b>Amazon Class (Y3)</b>	South-West Study	<b>Victoria Class (Y6)</b>	The Tree of Liberty

# KEEPING CHILDREN SAFE



Our mental health is important in so many ways. It helps us to regulate, problem solve, handle stressful situations, make good choices and maintain healthy relationships.

## Signs of poor mental health:

- Poor concentration
- Being easily distracted
- Finding it hard to make decisions
- Low mood
- Feeling overwhelmed by things (tearfulness)
- Worrying more
- Feeling less interested in day-to-day activities



## Top tips to support children:

- Regularly ask how they are doing. Identify and validate their feelings.
- Show an interest in things that are important to them. This shows you value them and it makes it easier to spot if something is wrong.
- Listen and value what they have to say without judging their feelings.
- Build positive routines and structure around healthy eating, exercise, and sleeping.



*Safeguarding is everyone's responsibility*



## DIARY DATES 2026

<b>1<sup>st</sup> May 2026</b>	INSET - SCHOOL CLOSED
<b>4<sup>th</sup> May 2026</b>	BANK HOLIDAY - SCHOOL CLOSED
<b>5<sup>th</sup> May 2026</b>	Year 4 Camping Meeting, 3:35pm
<b>7<sup>th</sup> May 2026</b>	Kalahari Class Assembly, 9:10am
<b>11<sup>th</sup> - 14<sup>th</sup> May</b>	Year 6 SATs Week
<b>20<sup>th</sup> May 2026</b>	National Numeracy Day
<b>22<sup>nd</sup> May 2026</b>	Thames Class Assembly, 9:10am
<b>25<sup>th</sup> - 29<sup>th</sup> May</b>	Half Term
<b>1<sup>st</sup> Jun 2026</b>	INSET - SCHOOL CLOSED
<b>2<sup>nd</sup> Jun 2026</b>	School Starts
<b>11<sup>th</sup> Jun 2026</b>	Mississippi Class Assembly, 9:10am
<b>15<sup>th</sup> - 16<sup>th</sup> Jun</b>	Year 4 Camping Trip
<b>17<sup>th</sup> Jul 2026</b>	School Ends
<b>20<sup>th</sup> Jul 2026</b>	INSET - SCHOOL CLOSED
<b>2<sup>nd</sup> Sep 2026</b>	INSET - SCHOOL CLOSED
<b>3<sup>rd</sup> Sep 2026</b>	School Starts

FRIENDS OF  
**BOWES**



**Please continue reading for the latest news from our Friends of Bowes PTA.**

# FRIENDS OF BOWES

(Reg. Charity No. 292487)

## WHO ARE WE?

Friends of Bowes is a registered charity run by parent/carer volunteers and set up to advance the education of the pupils of Bowes Primary school by assisting in the provision of facilities that support and expand the educational opportunities of the pupils. 100% of the money we raise goes towards advancing the education and experiences of our children.

## WANT TO HELP?

We are always on the look-out for anyone that can spare us any time to help us at the events that we run through the year. If you are able to help at any of our events, please email us at [friendsofbowes@gmail.com](mailto:friendsofbowes@gmail.com)

## WANT TO DONATE?

check out our just giving page:  
[www.justgiving.com/friendsofbowes](http://www.justgiving.com/friendsofbowes)



## WANT TO STAY UP TO DATE?

Every class has a WhatsApp group and at least one Class Rep - email us at [friendsofbowes@gmail.com](mailto:friendsofbowes@gmail.com) if you want to be put in touch with your Class Rep! WhatsApp & e-mail our main ways of keeping parents/carers informed of our events and spending.

Look out for our termly newsletter on everything that has been happening!

YOU CAN ALSO BUY TICKETS FOR ALL OUR EVENTS AT PTA EVENTS:



DO YOU FOLLOW US ONLINE?



# FRIENDS OF BOWES

## DO YOU SHOP ONLINE?

Did you know that whenever you buy anything online - from your weekly shop to your annual holiday - you could be raising free donations for us with easyfundraising?

There are over 8,000 retailers on board ready to make a donation and it won't cost you a penny extra to help us raise funds.

Click or Scan below to sign-up

[www.easyfundraising.org.uk/  
causes/bowesprimary](http://www.easyfundraising.org.uk/causes/bowesprimary)



## SPONSORSHIP CHALLENGES

For the children's sponsored challenges (BasketBowes, FootBowes & Active 8), as well as asking friends and family members for sponsorship, please ask your neighbours & colleagues too.

Have you set yourself a challenge? Could that challenge become a sponsored challenge to raise money for Friends of Bowes?

We'd be more than happy for adults to take on a challenge too, email us at [friendsofbowes@gmail.com](mailto:friendsofbowes@gmail.com) with any ideas.

## BUSINESS DONATIONS

Hundreds of businesses in the UK offer donation & sponsorship matching schemes to their employees. Please check what's available from yours (and if they would include matching for any fundraising that your children complete).

Do you know of or work for a business that would be willing to donate a prize for the Summer Fair Raffle to us?

If so please get in touch at [friendsofbowes@gmail.com](mailto:friendsofbowes@gmail.com).

## CAR BOOT SALE

April 26th  
10am - 1pm



STILL TO COME

# FRIENDS OF BOWES

# EVENTS

**APRIL**

FRI 24<sup>TH</sup>  
SUN 26<sup>TH</sup>

YEAR 2 BAKE SALE  
CAR BOOT SALE

**MAY**

FRI 8<sup>TH</sup>  
FRI 15<sup>TH</sup>  
MON 18<sup>TH</sup> -  
FRI 22<sup>ND</sup>

SIP & PAINT  
YEAR 3 BAKE SALE  
BOOK FAIR

**JUNE**

FRI 5<sup>TH</sup>  
FRI 12<sup>TH</sup>  
FRI 19<sup>TH</sup>  
SUN 28<sup>TH</sup>

FAMILY QUIZ  
FOOTBOWES  
RECEPTION BAKE SALE  
SUMMER FAIR

**JULY**

MON 20<sup>TH</sup>

ACTIVE 8 SUMMER HOLIDAY  
CHALLENGE BEGINS



# The Incredible Years Parenting Programme 4-11 years



## Develop a positive parenting tool kit

- Support your child to manage their feelings, and deal with difficulties
- Better awareness to manage your own emotional responses
- Help your child to listen to and cooperate with instructions
- Foster a more secure relationship and strengthen trust
- Build your child's self esteem
- Experience more joyful parenting

©The  
**Incredible  
Years**<sup>®</sup>



Starting: **Friday 1<sup>st</sup> May 2026**

To register your interest, and to receive a follow up call, please visit your child's school to ask for a registration form

**Limited spaces are available**

Delivered by accredited Incredible Years' Practitioners from Enfield Primary Behaviour Support Service **SWERRL** Team

Strengthening **W**ellbeing, **E**motional health, **R**elationships and **R**eadiness for **L**earning

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In partnership with Enfield Educational Psychology Service

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