

## LATEST NEWS

22ND SEPTEMBER 2023

#### REMINDERS

#### Class Assemblies

- Friday 6th October, 9:10am Snowdonia Class Year 3
- Friday 13th October, 9:10am Mara Class Year 3
- Friday 20th October, 9:10am Yellowstone Class Year 3

#### 'Meet the Teacher' Presentations

All of the 'Meet the Teacher' presentations are now available to view on the Bowes website in the <u>Classes</u> section.









## SECONDARY TRANSFER

Thank you to all the Year 6 parents who came along to our Secondary Transfer meetings last week. The presentation Debbie shared is now available in our <u>Secondary Transfer 2024</u> section on the Bowes website, along with lots of other useful documents.

As a reminder, all Secondary School applications must be submitted online to <u>eAdmissions</u> by **31st October 2023**. Applications received after this date will be treated as late applications. Please do contact us if you require any advice or support with completing your application.





## MINI FIRST AID



Thank you to Martin from 'Mini First Aid London' for visiting us last week to deliver some valuable first aid training. The children learnt some new skills, as well as building on those from last year.

A huge thank you to the Friends of Bowes for funding these sessions.

Recovery position



Helping a friend with a cool pack



Applying a bandage



Recovery position



Chest compressions



Learning how to contact the emergency services



Class recovery positions



Applying a plaster



"I really loved learning about the AED (defibrillator) and the Epipen. It is so good because things can happen in real life and you have to stay calm so you can help people. Thank you Martin for teaching us the First Aid."





#### MACMILLAN COFFEE MORNING





On Friday 29th September, 9 – 10am, we will be holding a coffee morning for parents in the Lower Hall to raise money for Macmillan Cancer Support. There will be yummy cakes and refreshments available, so please bring some money to make a donation to this worthwhile cause.

This event is a staff fundraising event and on this occasion will not involve the children. You are welcome to bring pre-school children along.



### MUSIC NEWS -



Enfield Music Service (EMS) lessons have now started.

Teachers will be in on the following days:

Teacher	Instrument	Day
Maria Kotsi	Piano/Keyboard	Monday
Jeff Mindlin	Guitar	Wednesday
Michelle Taylor-Cohen	Violin/Viola	Wednesday
Ashley Brammah	Piano/Keyboard	Wednesday & Thursday
Sean Turpin	Cello	Thursday
Rock Steady (not EMS)	Various	Friday

## Admissions Sept 2024



Please remember if your child has a sibling who would like to start our Nursery or Reception in **September 2024** you will need to make a new application. For more information about the application process and school tours, please visit our **Admissions** page.

#### KEEPING CHILDREN SAFE



With the start of a new school year some of our Year 5 and 6 children begin walking to and from school on their own, so we thought it would be a good reminder to share the following information again about how to stay safe.

Street crime is often opportunistic, so making a child less of a target will go a long way to keeping them safe.

#### Staying safe tips:

**Look confident** – avoid slouching and looking downwards, instead look up and move with purpose.

**Awareness** - headphones and mobiles are a distraction and can make people unaware of their surroundings.

**Be prepared** – plan your route in advance and know where help points are in the community. The help points provide a safe place to go.

**Hide it** - keep valuables, including devices and wallets/purses, hidden out of sight. Do not take lots of money or expensive things with you to school - label your belongings.

**Safety in numbers** – try to avoid walking alone in isolated places such as parks and side streets or any unfamiliar environments. Stick to busy places where there are lots of people, CCTV and good lighting.

### DIARY DATES 2023/24

**6th Oct 2023** Snowdonia Class Assembly, 9:10am

**13th Oct 2023** Mara Class Assembly, 9:10am

**20th Oct 2023** Yellowstone Class Assembly, 9:10am

23rd - 27th Oct Half Term

**6th – 10th Nov** Year 6 School Journey **15th Nov 2023** Individual Photographs

27th Nov 2023 INSET - SCHOOL CLOSED

20th Dec 2023 School Ends

8th Jan 2024 School Starts

29th Jan 2024 INSET - SCHOOL CLOSED

12th – 16th Feb Half Term

28th Mar 2024 School Ends

**15th Apr 2024** School Starts

6th May 2024 BANK HOLIDAY - SCHOOL CLOSED

27th - 31st May Half Term

24th Jun 2024 INSET - SCHOOL CLOSED

23rd Jul 2024 School Ends

24th Jul 2024 INSET - SCHOOL CLOSED

Please keep scrolling to
find out more about a NEW
Incredible Years
Parenting Programme
delivered by the Enfield
Primary Behaviour Support
Service SWERRL Team. To
register your interest
please ask us for a
registration form.



Please continue reading for the latest news from our Friends of Bowes PTA. Friends of Bowes

# Newsletter



(Reg. Charity No. 292487)

Contact and support us...

You can follow us on social media to hear about our brilliant events that bring the Bowes community together and raise money to support the school.





@friendsofbowespta



www.facebook.com/fobnewsouthgate



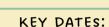
www.pta-events.co.uk/bowes

easy fundraising .org.uk feel good shopping

You can also support us by signing up to a free Easy
Fundraising account to shop online at over 7000 brands at:
https://www.easyfundraising.org.uk/causes/bowesprimary/

You can also support us directly through our Just Giving page which you can access here





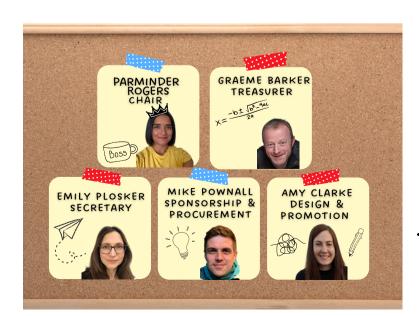
FRI 29 SEP RECEPTION WELCOME EVE

TUES 31 OCT
HALF-TERM DONUT
SALE

FRI 17 NOV
RECEPTION BAKE
SALE

FRI 15 DEC YEAR 2 BAKE SALE





Are you a coffee lover? Then sign up to a subscription with Curb Coffee & they will donate 10% of sales. For more info



We are always looking for volunteers - please get in touch with us at: friendsofbowes@gmail.com

if you would like to get involved.



OR CATCH ONE OF US IN THE PLAYGROUND!



## The Incredible Years Parenting Programme **4-11** years





#### Develop a positive parenting tool kit

- Support your child to manage their feelings, and deal with difficulties
- ☐ Better awareness to manage your own emotional responses
- Help your child to listen to and cooperate with instructions
- ☐ Foster a more secure relationship and strengthen trust
- Build your child's self esteem
- Experience more joyful parenting

# Incredible \*\*\*



Join a supportive weekly group to share this 12 week programme

Taking place at Bush Hill Park Primary School

Starting: FRIDAY 20th October 2023

To register your interest, and to receive a follow up call, please visit your child's school to ask for a registration form

Limited spaces are available

Delivered by accredited Incredible Years' Practitioners from Enfield Primary Behaviour Support Service SWERRL Team

Strengthening Wellbeing, Emotional health, Relationships and Readiness for Learning

Email: Office.BSS @enfield.gov.uk

In partnership with Enfield Educational Psychology Service

For more information email Office.BSS @enfield.gov.uk www.enfield.gov.uk

