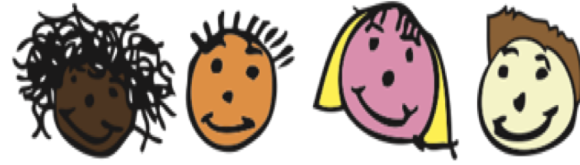


Bowes Primary School



Returning to school



Before the Easter break, the Government - people in charge of our country - and scientists said that schools needed to close and we had to stay at home because of a nasty bug called Coronavirus.



But like lots of other schools, Bowes has not been closed to everyone - children of key workers, such as doctors and carers, have been going in every day.

Everyone has done a good job with social distancing and staying at home.



You have been doing your home learning since then and you have been able to play with your toys or go outside for daily exercise. You also spoke to your teacher on the telephone.



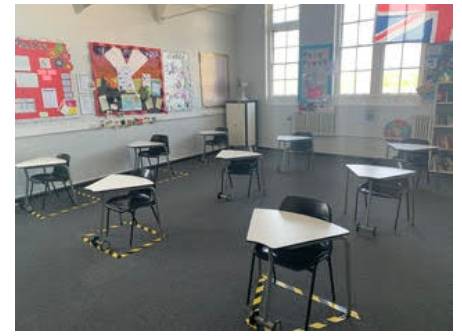
Now the country's scientists have said that Coronavirus is not spreading as fast and less people are getting ill, so some classes can now go back to school.

We need to help make sure the germs don't spread...



The teachers at Bowes have been listening to the scientists and Government's advice on how to make it as safe as possible for us to be at school.

# What will be different?



- Some of your friends and teachers will stay at home to keep themselves and their families safe.
- There will be less children in classes and you might be in a different classroom and/or with a different teacher.
- The tables will be spread out and you will have a table to yourself with your own set of books and pencils.
- You won't be able to sit right next to your friends or in the book corner.
- You will eat your lunch in your classroom instead of the dinner hall.
- You will play in a certain area in the playground.



To make sure everyone is kept safe, you will need to:

- wash your hands regularly,
- try to keep a safe distance from your friends,
- speak to an adult if you fell unwell,
- follow the signs in school showing you the way to go up and down the stairs.



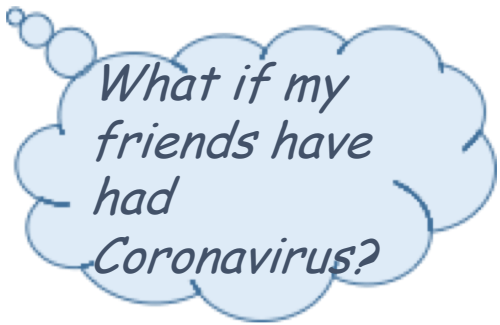


Those are a lot of changes, but the teachers will help and explain all this when you come in.

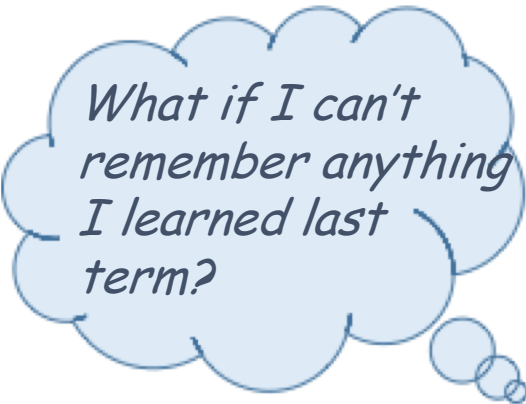
Even though there will be things that are different, there will be lots that are the same.



We understand that you might be worried and are asking yourself lots of questions such as:

A light blue thought bubble with a small tail pointing towards the top left.

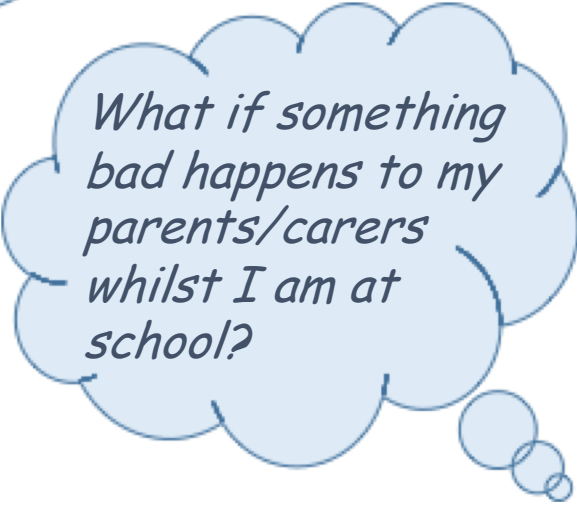
*What if my friends have had Coronavirus?*

A light blue thought bubble with a small tail pointing towards the bottom right.

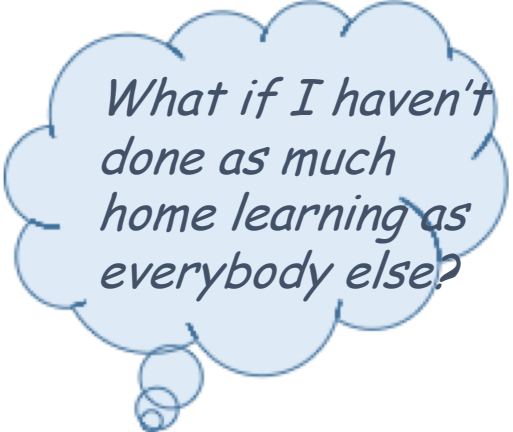
*What if I can't remember anything I learned last term?*

A light blue thought bubble with a small tail pointing towards the top left.

*What if my friends don't like me anymore?*

A light blue thought bubble with a small tail pointing towards the bottom right.

*What if something bad happens to my parents/carers whilst I am at school?*

A light blue thought bubble with a small tail pointing towards the bottom left.

*What if I haven't done as much home learning as everybody else?*



You might be feeling lots of different emotions at the moment and this is normal.

Having time off school has been a big change to your routine & it was tricky at the beginning.

Now it feels strange going back again.

You might feel nervous, excited, worried, sad, happy and scared about going back to school - all rolled into one!



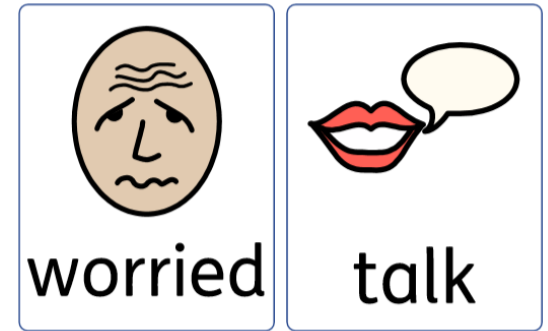
It is OK to feel like this!

All you can do is try your best to feel relaxed about going back to school.

You have done it before and you can do it again - you will quickly get used to the new routine again!

Everything will be OK, but if you feel worried:

- you can talk to an adult about it
- you can take some deep breaths
- you can think of happy things
- you can remember why it is important to go to school



*Going to school is important  
Going to school is good for learning and you will see some of  
your teachers  
You can be with some of your class friends  
It will feel good to socialise with others from a distance*

*And the Teachers can't wait to see you too!*

Remember those changes at school are temporary but will help to  
keep everyone safe and healthy.

They will not last forever.

We are looking forward to seeing you soon at  
school!

